

## Lesson Plan 3. See Yourself in a Health Career



### ACTIVITY DESCRIPTION DETAILS

#### PRE-ASSESSMENT – Fist to Five

The teacher asks the students to consider the question: *“When you hear ‘Health Care Careers’ how many careers could you name in this field?”* Students are asked to raise their hand showing the number of fingers that pertain to the rating scale below. Accept all answers as a quick assessment of the class.

- 1 – Very Low – I can only name doctor and nurse
- 2 – Low – I could name up to five careers in this field
- 3 – Moderate – I could name up to ten careers in this field
- 4 – High – I could name up to fifteen careers in this field
- 5 – Very High – I could name up to twenty careers in this field

#### INTRO – Video on Health Care Career Considerations

- Share this 4:05 minute video from Career Addict: <https://youtu.be/zhpcgpqWc1Q>.
  - By suggesting this video, Northern Vermont AHEC is not endorsing Career Addict or their products and services. A free interest inventory is available online from My Next Move at: <https://www.mynextmove.org/explore/ip>
- Prompt students to jot down at least two considerations that can influence a choice of a career path as they watch this video.
- After the video, refer to the **Health Careers Exploration Elements** handout to launch a brief discussion.
- Provide the **Health Careers Exploration Elements** handout to students to reinforce what they will be researching in the next activity.

#### ACTIVITIES

##### 1. Exploring the O\*Net Website - Together

If at all possible, have each student at their own computer/device as the class walks through this first search together. Having students working in pairs at one device is fine, or use a projector and complete this search as a whole class. Explain that they are going to dive into a very useful career exploration tool online first as a class, and then on their own.

- 1) Provide each student with a paper handout of the **Health Career Exploration Template** and a blank sheet of newsprint and markers.
- 2) Link to O\*Net - <https://www.onetonline.org/>
- 3) Scroll down to **Find Occupations** (lower left box)
- 4) Select **Career Cluster**
- 5) Use the drop down box to **Health Science** – click on Browse
- 6) Find and click on [Anesthesiologists](#)
- 7) Have students take a few minutes to scroll down the information noting the headings/criteria for:

- a) Skills/Abilities
- b) Work Context (Setting)
- c) O\*Net Job Zone/Education
- d) Interests/Work Styles/Work Values
- e) Wages/Salary
- f) Trends/Outlook/Projected Growth

Divide the students into pairs or teams to identify what they found out about anesthesiologists in each of the criteria above.

## 2. Exploring the O\*Net Online Website – Gallery Walk

- 1) After repeating steps 1 - 4 above, use the Health Careers Exploration Template to record your findings from tasks a – e below. Transcribe your findings onto newsprint to share with the whole class.
  - a) Choose two Health Care Careers that are interesting to you. Compare the two careers and identify two similarities and two differences from the six criteria.
  - b) Find two Health Care Careers that require only a high school diploma, apprenticeship, or certificate program.
  - c) Find two Health Care Careers that require a Doctoral Degree.
  - d) Find two Health Care Careers that are unfamiliar to you but have a Bright Outlook.
  - e) What is an insight or observation you can share about your research?
- 2) When done, have students do a “gallery walk” of the newsprint sheets. As they walk around the room reading each other’s findings, provide a slip of paper for each student to reflect on what they are learning from their peers’ data. Consider...What info on the newsprint inspired them, surprised them, puzzled them, or was just interesting?

### **REFLECTION:** *Snowstorm*

When student have finished their gallery walk, gather in a circle. Have them ball up their reflection and toss it into a bowl. Shake the bowl, and then pass it around for each student to take one reflection note at random. Have the students go around the circle and read the notes aloud. Make sure to have a little “wait time” between each one. No need to comment, just let the anonymous thoughts sink in!

**Closure Option:** Have students complete the **Health Career Exploration supplemental activity** to focus on one career of particular interest in depth.