

Lesson Plan 5. Health Care Tools & Techniques



ACTIVITY DESCRIPTION DETAILS

INTRO – Group Brainstorm

Using students' prior knowledge and life experience, generate a list on a newsprint or whiteboard of responsibilities and skills nurses use in their work.

ACTIVITIES

1. Video – Assess the Scene

Students in a full class will watch the first video all together to get a sense of the video format. Discuss typical work environments for a nurse where the scene is safe (doctor's office, school nurse, clinic, hospital, etc.). Discuss situations where nurses might find themselves needing to use their skills but the scene may NOT be safe (car crash, extreme weather event, neighborhood, store, parking lot). After the discussion, explain to students how the rest of the session will be organized around videos and action cards.

2. Videos and Action Cards

Option A: Set up 3 to 4 stations each with a laptop and cued video(s), tools (as needed), and corresponding Action Card. Students are self-guided to watch the video together in a small group and complete the Action Card. It is best to rotate on a signal to avoid crowding and provide equal time at each station.

Option B: Pre-set 3 to 4 videos to show on a full classroom screen. Divide the class into small groups with each group provided with a set of tools and Action Cards. The teacher shows the class the video and then circulates around the class and facilitates the Action Cards.

Closure Option: Quiz Game by Teams

Place students in two teams. Students should count off to create an "order" for which student's turn it is to answer a question. Create a "hot seat" for each team with two chairs on opposite sides of a table – one chair for each team. This is where the students will sit when it is their turn to answer a question. The table has a bell or buzzer for each team. The teacher asks a question and the student who rings the bell first gets a chance to answer for their team. If they get it correct, they get a point for their team. If they get it wrong, the other team has a chance to answer. If no one gets it right, then the next players come up to the table. Play until every student gets a turn.

Reflection: Exit Card

Prior to departure, students are given a slip of paper and the prompt: "The nursing skill I found most interesting was..."