Lesson Plan 2. Know Yourself: Preferences & Predilections

Target Grade(s)	9th – 12th grade
Essential Question	In what ways might your personal preferences and predilections influence your career pathway?
Learning Outcome(s)	1. Students will gain a basic understanding of multiple intelligences. 2. Students will better understand their personal preferences and predilections and how they factor into career choice.
National Health Science Foundation Standards	2.1.3 Distinguish between subjective and objective information. 2.1.5 Modify communication to meet the needs of the patient/client and to be appropriate to the situation.
VT AOE Transferable Skill(s)	• *Informed and Integrative Thinking* - Analyze real-life situations, data, patterns, texts, artifacts, or other products using knowledge from other disciplines and situations. • *Clear and Effective Communication* - Present my ideas coherently, with a logical sequence.
Sequence & Duration	• PRE-ASSESSMENT – Likert Scale Clothesline (5) • INTRO – My Preferences and Predilections Venn Diagram (10) • ACTIVITY 1 – Multiple Intelligence Video and Partner Task (15) • ACTIVITY 2 - Multiple Intelligence and Health Career Matching (5) • ACTIVITY 3 – Triads – Knowing Your Preferences (15) • REFLECTION - Tiny Props (5) • CLOSURE – Paragraph on Self-Insights (optional) (5)
Key Vocabulary & Concepts	Preferences, Predilections, Multiple Intelligence, Evaluation, Collaboration
Materials	LCD Projector and screen, handouts x2, clothesline, clothespin for each student, wall signs, 2 chairs, newsprint or whiteboard, markers, copy of health careers and MI matching sheet, color dots or cones, tiny props in a bag
Teacher Preparation	Cue up the video, create the clothesline Likert Scale and post wall signs, make copies for each student of the Venn Diagram and Multiple Intelligences handouts, write the health careers on newsprint or whiteboard, place color dots on 3 corners of the room, gather tiny props for reflection
Resources	More about Multiple Intelligences and Howard Gardner • https://www.howardgardner.com/howards-blog/multiple-intelligences-new-strands-of-evidence-from-neuroscience • https://www.youtube.com/watch?v=IfzrN2yMBaQ

2022©Northern Vermont Area Health Education Center (AHEC)
Last updated October 2026